

# Balmoral Surgery Newsletter

Issue 10

Autumn 2010

Welcome to our Autumn Edition of the  
Balmoral Surgery Newsletter



**BALMORAL SURGERY WILL BE CLOSED ON:  
Thursday 23rd September from 1pm for our  
Practice Based Training Day**

## FLU VACCINATIONS – 2010/2011

It's That Time of Year Again!

The Flu Vaccination will be available at Balmoral Surgery from October 2010. If you are 65 years of age and over or in a special risk group please contact the surgery on Tel: 9066 7595 to make an appointment in the Flu Clinic. Further clinics will added during October and November. Please check with reception regarding clinic dates and times.



### DID YOU KNOW?

If you or a member of your family need to have a sample of urine tested, you can

pick up a sample bottle from the reception desk..

You may then leave the sample in the collection box located at reception and the Nurse will test it and send it to the lab, if necessary. Please ensure the name, address and date of birth are clearly



### Annual Reviews

If you suffer from ASTHMA or COPD and have not been seen by the Practice Nurse within the last year please make an appointment for your Asthma or COPD review. Our reception staff will be happy to help you. It is important that you attend for this review to ensure that you are deriving optimum benefit from your treatment.



## Surgery News

### GOODBYE

We say goodbye to our Practice Nurse – Gill Frizzell who left us at the end of July 2010 and has been with the Surgery for over 3 years. We take this opportunity to wish Gill — on behalf of Dr Boyd, Dr Hamilton and all the staff — every success in the future.



### Cervical Screening

Are you due to have your Cervical Smear? If the answer is —YES— it is important that you make an appointment with either the Doctor or the Practice Nurse to have your smear test taken. This test is to check the health of the cervix and it is important that women between the ages of 20-65years are tested at least once every five years.



## Balmoral Surgery Website!

Balmoral Surgery is excited and very pleased to announce – WE ARE NOW ONLINE!

Our surgery website address is:

[www.balmoralsurgerybt9.com](http://www.balmoralsurgerybt9.com)

You can view online all our practice information such as opening hours, appointment times, how to order prescriptions, our clinics and services, practice staff, information for new patients, travel vaccinations, all our contact details and much, much more!



If you require any vaccinations relating to foreign travel you firstly need to make an appointment with the Doctor to discuss your travel arrangements. Before attending this appointment you can now go to our Travel Vaccination page on our website and complete the travel questionnaire by filling in the required information. You can then email it directly to us by clicking on the 'SEND' button. The Doctor will then have all the information he/she needs in your records before you attend your appointment. *(Please also note we are a registered Yellow Fever Centre).*



Our quarterly newsletter will also be available online.

We would invite you to please take a look at our new website. We hope you find it helpful.

### Surgery Telephone numbers



Reception **9066 7595**  
Repeat Prescription Line **9068 7569**  
Results of tests taken at the Surgery **9068 7579**

**(Results are available : Monday to Friday between 12.30pm and 1pm and also Monday and Tuesday only between 2.00pm and 2.30pm).**

